



WEST COAST WING CHUN
Authentic Ip Man Kung Fu

2698 Junipero Ave #116
Signal Hill, Ca 90755 562-426-1949
www.westcoastwingchun.com



WINTER/SPRING 2016 - CLASS SCHEDULE - UPDATED 02/22/16

Begins March 15th
MONDAYS - NO CLASSES
TUESDAYS
5:00-6:00pm Open Training (All Levels) (Begins March 1st)
6:00-8:00pm Siu Lim Tao (Beginner Wing Chun)
8:00-10:00pm Chum Kiu (Intermediate Wing Chun)
WEDNESDAYS
5:00-5:50pm Youth Association
6:00-8:00pm Wing Chun Women/ Women's Self Defense Course
THURSDAYS
6:00-8 :00pm Open Training (All Levels)
8:00-10:30pm Wing Chun Boot Camp (Intro to Wing Chun)
FRIDAYS
5:00-6:00pm Siu Lo Si Open Training
6:00-7:00pm Open Training (All Levels)
7:00-8:30pm Biu Gee (Advanced Wing Chun)
SATURDAYS
10:00-10:50 am Youth Association
11:30am-12:30pm Wing Chun Fit Circuit Training (All Levels) 4 + reserve
12:30pm-2:00pm Siu Lim Tao (Beginner Wing Chun)
2:30 - 4:30pm Open Training (All levels)
SUNDAYS - NO CLASSES